

RECREATION CENTRE SCHEDULE

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
WEIGHTROOM	5:30am-9:00pm	5:30am-9:00pm	5:30am-9:00pm	5:30am-9:00pm	5:30am-9:00pm	9:00am-8:00pm	11:00am-8:00pm			
OPEN SWIM					9:30-11:00am 6:00-8:00pm	1:00-3:00pm 6:00-8:00pm	1:00-3:00pm			
LENGTHS	5:30-7:00am 11:30am -1:00pm	11:30am -1:00pm 7:00-8:00pm	5:30-7:00am 11:30am -1:00pm	11:30am -1:00pm 7:00-8:00pm	5:30-7:00am 11:30am -1:00pm	3:30-5:00pm				
FITNESS CLASSES	VIEW OUR FITNESS SCHEDULE FOR DATES AND TIMES OF OUR CLASSES.									
BOWLING ALLEY	Please c		k to reserve a lane 73 tht by reservation.	6:00-8:00pm	1:00-4:00pm 6:00-8:00pm					

March Break Schedule—March 16-22:

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
WEIGHTROOM	5:30am-9:00pm	5:30am-9:00pm	5:30am-9:00pm	5:30am-9:00pm	5:30am-9:00pm	9:00am-8:00pm	11:00am-8:00pm
OPEN SWIM	1:00-3:00pm 6:00-8:00pm	1:00-3:00pm	1:00-3:00pm 6:00-8:00pm	1:00-3:00pm	1:00-3:00pm 6:00-8:00pm	1:00-3:00pm 6:00-8:00pm	1:00-3:00pm
LENGTHS	5:30-7:00am 11:30am -1:00pm	11:30am -1:00pm 6:00-7:00pm— (Age 10-16) 7:00-8:00pm	5:30-7:00am 11:30am -1:00pm	11:30am -1:00pm 6:00-7:00pm— (Age 10-16) 7:00-8:00pm	5:30-7:00am 11:30am -1:00pm	3:30-5:00pm	



Please contact the front desk for more information - 807-735-8914 Effective from March 1-31, 2020

Note: This schedule is subject to change. Please call ahead.

www.RLGMrecreation.com

#rlgm_recreation



