

SWIMMING POOL RULES

- No person infected with a communicable disease or with open sores on their body shall enter the swimming pool.
- No person shall bring glass containers, food, or drinks other than water into the pool area or change rooms.
- No person shall pollute the water in the swimming pool in any manner, including spitting, spouting of water and blowing the nose in the pool.
- No person shall engage in rowdy play in or about the swimming pool.
- Each bather shall take a shower using warm water and soap and thoroughly rinse all soap before entering or re-entering the deck.
- Running is not permitted on the deck.
- Profanity is not allowed in the deck area.
- Shoes are not allowed on deck.
- Only one person at a time is allowed on the diving board. One bounce only on the board. No flips are allowed off the diving board.
- During swimming lessons, students must stay out of the pool until their lesson is called.
- Parents are expected to observe their child's lesson from the viewing area: not the deck.
- Persons caught defacing pool property will be dealt with severely.

- Clean and appropriate swim attire must be worn. Denim material, underwear or boxer shorts, loose-fitting clothing, fitness apparel, thong bottoms, regular diapers, topless female suits and street clothes are not permitted.
- In the case of patrons, who for personal reasons cannot expose a part of their body, a modified version of traditional swimwear is permissible as an alternative.
- Flotation devices are permitted for small children who are accompanied in the water at all times.
- Smoking is not allowed in the swimming pool facility.
- The sauna is available to persons 16 years and older, unless accompanied by an adult.
- Equipment is there for your enjoyment, abuse of the equipment will not be tolerated. Only staff is permitted in the equipment room.
- Entrance into the pool will be prohibited if under the influence of drugs or alcohol.
- Diving is permitted in the deep end only.
- Children, once they reach age 5 years old, must use the same-sex change room. If this is not possible, they may change in the upstairs washrooms and enter the pool via the Desk.
- The Rec Centre does not take responsibility for personal belonging left unattended in the change rooms. Valuables should always be locked in a locker.

POOL ADMISSION POLICY

- All children less than 10 years old, must have a guardian with them in the pool.
- Children 10 years of age or older, who are non-swimmers, must have a guardian with them in the pool.
- Children 10 years or older may enter the pool unaccompanied if they are either:
 - In Level Swim Kids 5 or higher; OR They pass the Facility swim test (able to swim 25 meters).
- A guardian is defined as a person 14 years of age or older (ratio 1:2) or an adult 19 years of age or older (ratio 1:4) who is responsible for their direct supervision (within arms' reach).
 - Guardians are required to be in the water and not on the Pool Deck.
- During Birthday Parties, where the children are 10 years or older, there must be a minimum of one parent or guardian in the water. During parties, where the children are less than 10 years old, there must be a ratio of 1:4—1 adult in the water for every 4 children.
- **In an effort to protect the safety of swimmers choosing to utilize our Pool, there will be NO exceptions granted.**